



Newsletter No 3

January 2006

Hello Everyone

Here is our third newsletter a little late as usual due to November/December being a very busy time for the charity, collecting sponsor money for school fees and uniform for over 100 AIDS orphans. Unfortunately not everyone managed to get their sponsor money in on time, the deadline being mid-November. This has caused some difficulties for myself and also the children as school fees were to be paid by December 2<sup>nd</sup>. Fortunately I received money donated for medicines etc and I was able to use that to pay all outstanding school fees but had I not been able to do that some of our orphans could not have been registered for school for this coming year and that would have been devastating. Sponsoring is all about continued education for these children so please if you envisage difficulties getting the money in on time the next time it is due please now consider setting up a standing order either to be paid monthly or yearly. For a standing order form you can contact me by phone or at the address below or if you have internet access you can download one from my website. Even now as I prepare this newsletter some sponsor money is still outstanding and until this arrives I am unable to repay the money which was donated for medicines and for other areas of need.



We now have 104 children in Kwazulu being educated thanks to all of you sponsors. This is wonderful but we have a continuous stream of children still in need of sponsoring so please ask your family and friends if they would be interested in being responsible for the education of one of our children. School fees are still approximately £15 per year and the cost of uniform is £30 - £35 but any donation towards this amount would be very helpful, if the whole amount cannot be afforded.



Here are 4 children I am still seeking sponsors for. Once they are sponsored, I will be able to obtain a new list of children who need our support.



Our website is now up and running, thanks to my son Graham (see bottom of page for address). For ongoing and up to date information and photos please visit us there if at all possible. Please also remember to let me know if you attain email access if you have not already done so.

One Life has now been operational for two years and officially registered as a charity for 21 months. Since the onset we have now raised and sent out to Africa approximately £20,000. Our thanks go to all supporters of the charity.

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In April 2005 £1,000 was raised from a "Fun Afternoon" held in St Edmunds church hall, Chingford, London. This went out in May to Project Hope run by Frans Ballack. The whole amount was spent on blankets for the AIDS orphans for the coming winter.

In July £1,800 was sent out to the Thandukuphila Centre of which £1,000 was specifically donated for a new feeding centre in the rural areas of Nseleni, Kwazulu. This is now almost up and running. The additional £800 was a general donation for medicines etc.

In August we received an unexpected donation of £500 from C.A.F. charity. This was for further blankets for the children. These were excitedly received. At the same time we received another unexpected donation of £500. £200 of this was given towards Nancy's daughter's next university module and £300 for medicines and to be used wherever it was most needed.

In mid September Daphne Whitehouse, a friend of mine, joined James Twyman the Peace Troubadour on a peace walk from Assisi to Rome in Italy. Daphne took the opportunity of using this walk as a way of raising money for a badly needed school in India for which she raised £1,000. At the same time she joined with One Life and we were able to raise £1,000 for our Kwazulu AIDS orphans. Our grateful thanks to Daphne.



In September/October Chapel End Early Years Centre in Walthamstow, London raised £305 for One Life from the sale of African bracelets, homemade cakes and the organisation of a raffle. They also used artefacts, photos and literature to raise public awareness to the plight of the orphans.

In September a Handmade Greetings Card Party was held on the premises of One Life. African bracelets were also sold and a total of £195-40 was raised.

In November Jean Spinks (Trustee) raised £150 from the sale of Hand Made cards and One Life wristbands. The wristbands were ordered earlier in the year. These are in the melded colours of green, yellow, red, white and black. It was an exciting time for us to have our own charity wristbands manufactured and we are very pleased with them.

On December 17<sup>th</sup> The Royal Epping Forest Golf Club held a charity golf match, proceeds to come to One Life. Shortly a second charity match will be played, proceeds as yet unknown but will be gratefully received.

The missing photos and background information still needed for some of the sponsored children was sent over from S. Africa approximately three months ago but much to my dismay, never arrived, apparently lost in transit. We are trying to get duplicates sent over so please continue to be patient if you are one of the people still waiting.

All in all it has been a good year for the charity so once again heartfelt thanks to you all for your support.

There is a possibility that I may fly to Africa early 2006 but this is yet to be confirmed.

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## Africa News.

In September I received an email from Sr Emmanuel (see photo on right) to say that The Thandukuphila Centre in Nseleni had been broken into. All the toys and clothing being collected for the children for Christmas had been stolen along with vegetables from the vegetable garden and also the water container in which precious rainwater is collected. Also taken were water heaters. It is very sad when this happens and shows why our emergency fund is so important to help deal with any emergency which may crop up, like this one.



Work is still being done on the new feeding centre; water and electricity have now been connected so very soon the children living in the more rural areas who are unable to reach the Thandukuphila Centre will be able to receive food at least twice a day.



In November Nancy (see photo on left), the Thandukuphila Project Manager lost her son to TB. This was a terrible time for Nancy and her family and happened a week after one of our sponsored children died from AIDS. She was just 13 years old.

Nancy is on the left in the photo and her daughter Khanya is on the right.

Frans Ballack (see photo on right) of Project Hope contacts me regularly and tells me of his daily struggle to help the growing number of AIDS affected children and orphans. I have attached a scan of a newsletter that he sent to me which explains some of what he encounters on a day to day basis. This letter and other photos can also be found on the website. In a more recent letter from Frans he said that 1,300 adults are dying daily from AIDS leaving more and more children orphaned. He does what he can but it is never enough so any donation received no matter how small will help enormously and make a huge difference to the lives of the children. All that is left for me to do now is to wish you all A Happy and Healthy 2006 and to ask you to keep remembering One Life and the AIDS orphans of Kwazulu, South Africa. We need all the financial help we can get for medicines, clothing, education and to give these children a chance of a better life with the promise of a future filled with hope.



Once again my sincere thanks to you all for your ongoing support, love and caring for the children of Africa. Together we are making a difference.

Founder and Trustee

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# HOPE project

Welfare number: NPO 009231

**Physical Address:**  
3 Brass Street  
Kuleka  
Empangeni

**Postal Address:**  
PO Box 633  
Empangeni

Elena,

Thank you for your reply and newsletter. I felt that I should send you some more photos that I have taken on my rounds and give you an explanation. A photo of Gogo is this time definitely included. I know that some of these photos are shocking but it will explain what we encounter on a day to day basis.



The lady on the left and her two children all have Aids. The two children both have Meningitis TB. The boy on the left is crippled and has just undergone an operation on his legs and is due to have further operations. The one on the right is at the moment in Albert Luthuli hospital having liquid drained from his brain to relieve the pressure.

(Right) A mother and her two children. All of them have Aids. You will notice the children's stomachs. Distended owing to the enlargement of their livers.



Left is a 50 year old man with cancer. They are going to see if the cancer has spread to the rest of his body and if not they are going to amputate his legs and genitals.

These are the shocking things that we are dealing with every day. So now you see why it is so important to make medicines available to these poor people to ease the pain and to give them a better quality of life.



The two photos on the right are both Aids victims and they both passed away last week.

And last but not least a photo that I was meant to send you in the last letter of your Gogo.

God bless you and your family  
Frans

